

The Jewish Association of the Philippines

Nissan/Lyyar 5771

May 2011 Volume 3/ Number 5

Parashat

May 7	<i>Emor</i>
May 14	<i>Behar</i>
May 21	<i>Bechukotai</i>
May 28	<i>Bamidbar</i>

SHABBAT CANDLE LIGHTING

May 6	5:56PM
May 13	5:58PM
May 20	6:00PM
May 27	6:02PM

ROSH CHODESH

May 4 and 5

WEEKLY

Sunday: 8:00 am Minian/ 9:30 am Hebrew School

Monday: 7:15 am Minian Shacharit

Tuesday: 11:00 am class with Rabbanit for Women

Thursday: 7:15 am Minian Shacharit

Friday: 6:30 pm Kabbalat Shabbat

Shabbat: 9:30 am Minian followed by Kiddush



Kindergarten

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Morning Minyan
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Bryce Kohler's 1st
Haircut

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Travel Plus Magazine

Pages 6 and 7

Special Kiddush

May 7

May 14

May 21

May 28

John Berry and the Wang Family In Memory of Mrs. Esther Elefant

Cherryl Morano In Celebration of the Birthday of Doron Glazer

The Kohler Family In Honor of Brianna's 10th Birthday

Arvis Kennedy In Honor of her Daughter Ahniyah's Birthday

May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Hebrew and Torah Classes for Children	2 Minyan 7:15AM Followed by Break-fast	3	4 Rosh Chodesh1	5 Rosh Chodesh2 Minyan 7:15AM Followed by Break-fast	6 Maariv Shabbat followed by Dinner 6:30PM	7 Children's Service 10:30 Ladies Lesson after Lunch
8 Hebrew and Torah Classes for Children	9 Minyan 7:15AM Followed by Break-fast	10	11	12 Minyan 7:15AM Followed by Break-fast	13 Maariv Shabbat followed by Dinner 6:30PM	14 Children's Service 10:30 Ladies Lesson after Lunch
15 Hebrew and Torah Classes for Children	16 Minyan 7:15AM Followed by Break-fast	17	18	19 Minyan 7:15AM Followed by Break-fast	20 Maariv Shabbat followed by Dinner 6:30PM	21 Children's Service 10:30 Ladies Lesson after Lunch
22 Hebrew and Torah Classes for Children	23 Minyan 7:15AM Followed by Break-fast	24	25	26 Minyan 7:15AM Followed by Break-fast	27 Maariv Shabbat followed by Dinner 6:30PM	28 Children's Service 10:30 Ladies Lesson after Lunch
29 Hebrew and Torah Classes for Children	30 Minyan 7:15AM Followed by Break-fast	31				



SUPPORT YOUR JEWISH ASSOCIATION OF THE PHILIPPINES

Do you know that membership in the Jewish Association of the Philippines only costs **PHP18,000** per year for a family and **PHP14,000** per year for singles? Do you know that this small amount goes to paying for all the Shabaton lunches, dinners, events, salaries, lights, maintenance and up-keep of the building. And in addition to all this, your Jewish Association does a lot of charity work.

VISIT YOUR SYNAGOGUE

We are WIFI. Come in, browse the library, have coffee and surf the net.

JEWISH ASSOCIATION OF THE PHILIPPINES

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rabbi@jewishphilippines.net (Rabbi Azaria)

		Civil Birthday	Hebrew Birthday	This Years Civil Date
Rabbanit Miriam	AZARIA	May 3	Iyyar 10	May 14
Richard	TAN	May 4	Nissan 27	May 1
Linda	LEVY	May 4	Iyyar 7	May 11
Gerard Louis	KARSEBOOM	May 5	Iyyar 7	May 11
Lauren	LIECHTENSTEIN	May 5	Iyyar 8	May 12
ROBERT	GREGORIO	May 7	Iyyar 4	May 8
Richard	BERGMAN	May 8	Iyyar 11	May 15
Daniela	MALCA	May 8	Iyyar 8	May 12
Joshua Dov	GOLAN	May 9	Iyyar 18	May 22
Michal	LOWY	May 10	Iyyar 16	May 20
Simon	MALCA	May 13	Iyyar 7	May 11
Poalabelle	SARFATI	May 15	Iyyar 6	May 10
Aaron	KENNEDY	May 15		
Salito	MALCA	May 16	Sivan 6	June 8
Noa Rhodes	SMITH	May 18	Iyyar 13	May 17
Daniel	FOOX	May 18	Iyyar 24	May 28
Jessica	GROS	May 18	Iyyar 27	May 31
Katie	MALCA	May 18	Sivan 5	June 7
Marla	GILINSKY	May 19	Iyyar 25	May 29
Cherryl	MORANO	May 19		
Danniel Simone	KARSEBOOM	May 21	Sivan 3	June 5
Ayzick	ZEITOUNE	May 24	Iyyar 25	May 29
Brianna	KOHLER	May 27		
Charlotte Amalie	SARFATI	May 28	Sivan 18	June 20
Yanai	FRYSZER	May 29	Iyyar 25	May 29

Upcoming Kiddush's

June 4	Dativa and Michael Gros	In Honor of Jessica's Birthday
June 11	Lee Blumenthal	In Memory of his Father Avraham Ben Tuvia
June 18	Doron Glazer	In Honor of His Birthday
June 25	Ferdie Sarfati	In Honor of His Birthday

Please check Bulletin Board outside of Social Hall for future available Dates. All Kiddush bookings are on a first come first serve basis. Upon booking please choose your menu.

Our Kindergarten



Morning Minyan



Praying with Rabbi Perez and Rabbi Shoshan



The Jewish Women's Auxiliary is hoping to start a list of willing donors to be placed on a Blood donor list. This will mainly be for members of our community who have rare blood types that are hard to find in the Phillipines, however we invite as many people as possible to join this group! If you are willing and do not know your blood type, that's ok, too!!! Please send your name and contact details via e-mail to fionamalca@gmail.com or through Claire at the office.

Bryce Kohler's First Haircut



food|trip



Some pita bread stuffed with Israeli salad and arranged around fresh hummus and crispy falafel

Kosher

More Than Just A Diet

Hundreds of thousands of people each year start out with a diet they believe will lead them to a healthier weight and consequently a newfound perspective on wellness. Unfortunately, these lifestyle changes are often abandoned even before the ink the list was written with dries.

Text and Photos By V. Glenn Orion



Chef Daday who has been with the Jewish Association for 19 years, with a sampling of kosher products available in local stores

In contrast, the Jewish community worldwide not only adheres to a more stringent order than the Atkins, Southbeach, Eat-Anything-You-Want-and-Still-Lose-Weight diets of the world, but they also answer to a higher calling. The Kashrut dietary laws dictate what is "fit for consumption" in the traditional Jewish teachings found in the Torah's books of Leviticus and Deuteronomy.

Kashrut (also kashruth or kashrus) is the set of Jewish dietary laws. Food in accord with halakha (Jewish law) is termed kosher in English, from the Ashkenazi pronunciation of the Hebrew term *kasher*, meaning "fit" (in this context, fit for consumption by Jews according to traditional Jewish law). Food that is not in accordance with Jewish law is called *treif*. Kosher foods are those that conform to the regulations of the Jewish Halakhic law framework. These rules form the main aspect of kashrut, Jewish dietary laws. A list of some Kosher foods are found in the book of Leviticus.

On an unassuming corner in downtown Makati, the Jewish Association of the Philippines, which has been at this location for about 30 years, caters to both the local community and any tourists that visit and therefore need kosher meals during their stay. There, the Beth Yaacov Synagogue, Bachrach Hall (in memory of Emil Bachrach, one of the community's benefactors), and kitchen along with their offices serve as the epicenter of Jewish activities in Metro Manila. They also sell some of their pita bread, hummus, and other foods at Sunday markets in Makati.

The laws have been passed down from Bible times and while the cooking styles and means of preparation have been modernized, the principles remain same. The three categories of kosher food, meat, dairy, and *parve*, all have very specific ways of being prepared as outlined in the Torah. A few criteria that determine which meats are considered kosher include mammals that both chew their cud and have cloven hooves, fish that have fins and scales, while birds are specifically listed, and insects are not kosher at all.

Of these meats, only certain parts may be used, and only ritually cleansed, healthy animals may be partaken of. Certain combinations like meat and milk are also forbidden and the use of non-kosher utensils therefore renders the kosher dish in its entirety non-kosher as well. The slaughter of animals is also a ceremonial rite than can only be performed by a *shochet*, who is trained for years to avoid even the slightest of mistakes that can mean the difference between a kosher cut or not. Anything prepared during *Shabat* hours is also considered non-kosher.

As for the shortening and other products purchased at local markets, they are carefully inspected and washed thoroughly before consumption. When it comes to condiments, like ketchup or mustard and even oils, there are special kosher-approved products which are identified by a

"K" inside a circle on the label. These products which are mostly imported, are made in factories that have been deemed by a rabbi to be manufacturing the goods in accordance with the Kosher laws.

In this way, they are established as the place to cater to Jews who are visiting Manila. "Just today," mentions John Kater an administrator in the association, "we



Inside the synagogue, Rabbi Azaria reads us a passage from the Torah by way of chanting in Hebrew, the ancient language spoken by the Jews

Rabbi Azaria checks an egg yolk to ensure that it has no blots of any kind by raising it against the light



have prepared a number of chickens and some rice for a Jewish businessman who is here for meetings. Preparing and hosting kosher meals for fellow Jews is something we do regularly." By having the necessary tools and supervision, which is the crucial point of proper preparation of a kosher meal, they are more than ready and willing to attend to the needs of their brethren. At the time of this writing there are about 60-70 families in the local Jewish community with visiting Jews numbering in the hundreds each year. Mr. Kater adds that they have relationships with a few hotels in the area when their guests specifically request kosher meals during their stay.

Stepping into their kitchen, the fresh aroma of braided bread, falafel, and pita welcomed our senses. The cooks, who are supervised daily by Rabbi Eliyahu Azaria who has himself been in the Philippines for six years, are busy preparing for the Sabbath meal. "There is nothing specific about the menu itself, but the preparation and the assurance that the Kosher laws are met for all our food," Rabbi Azaria says.

Indeed, eating kosher is not about dieting in a traditional sense. It is a lifestyle and religious belief that doesn't depend on whether you were tempted by all the post-Valentine's chocolate sales. **E**



Preparing a batch of falafel, usually made of chickpeas, by forming them into balls and then deep-frying them.

NEW KIDDUSH MENU'S

With the wonderful number of member's and guests who are attending our Kiddush Shabbat

Special Kiddush = Menu #1 = P12,000.00

(good for 75 people)

MAIN DISHES:

Hamin
Baked Fish with White Sauce
Fettucinne Pasta With White Sauce
Macaroni and Cheese

SIDE DISHES:

Shakshuka
Hard Boiled Eggs with Tomato and Aspara-
gus
Plain Rice
Lumpia Fresh with Garlic Sauce

SALADS:

Tabouli
Tuna Salad
Israeli Salad
Cabbage with Almond and Chive

DESSERTS:

Yeast Bread with Chocolate
Fruit Salad
Chiffon Cake Marble
Leche Flan

OTHERS:

Pita (30 pieces)
Lachmaniot (30 pieces)
2 Big Challa
Kiddush Wine
Grape Juice
Milk
Iced Tea
Orange Juice
Softdrinks

Special Kiddush = Menu #2 = P13, 500.00

(good for 75 people)

MAIN DISHES:

Moroccan Fish
Asuhos with Roast Vegetables
Tomato Parsley Basil Quiche
Spaghetti
Rice with Lentils and Onion

SIDE DISHES:

Lumpia without Wrapper
Asparagus
Eggplant with Bell Pepper and Tomato
Sauce

SALADS:

Israeli Salad
Cabbage Assorted Vegetables
Matbucha
Greek Salad

DESSERTS:

Walnut Square
Chocolate Cake
Assorted Fruits
Almazia

OTHERS:

Pita (30 pieces)
Lachmaniot (30 pieces)
2 Big Challa
Kiddush Wine
Grape Juice
Milk
Iced Tea
Orange Juice
Softdrinks

Special Kiddush = Menu #3 = P17, 250.00**(good for 75 people)**

MAIN DISHES:

Quiche
 Spaghetti with Tomato Sauce
 Rice with Tuna, Mayonnaise and Hard
 Boiled Eggs
 Lasagna

SIDE DISHES:

Smoke Salmon
 Fresh Lumpia with Garlic Sauce
 Sambusak with Cheese Filling (30 pieces)
 Cream Cheese with Chives
 Fish Cigars

SALADS:

Hummus
 Israeli Salad
 Lettuce Salad with Pomelo
 Penne Pasta with Cherry Tomatoes, Basil,
 Black Olives and Button Mushrooms

DESSERTS:

Cake with Fruits Whipped Cream and Pud-
 ding
 Plain Cheese Cake
 Jam Pie
 Ice Cream (2 containers)

OTHERS:

Pita (30 pieces)
 Bagels (24 pieces)
 2 Big Challa
 Kiddush Wine
 Grape Juice
 Milk
 Iced Tea
 Orange Juice
 Softdrinks

Special Kiddush = Menu #4 = P18,750.00**(good for 75 people)**

MAIN DISHES:

Baked Chicken
 Liver Pate'
 Paella
 Roasted Beef Sliced with Mushroom
 Spaghetti with Meatballs

SIDE DISHES:

Baked Potatoes
 Steam Assorted Vegetables
 Asparagus

SALADS:

Matbucha
 Israeli Salad
 Fatoosh with Green Olives, Pickles etc
 Eggs Salad

DESSERTS:

Baklava
 Marble Cake
 Fruits Salad

OTHERS:

2 Big Challa
 Lachmaniot (30 pieces)
 Kiddush Wine
 Grape Juice
 Soya Milk
 Iced Tea
 Orange Juice
 Softdrinks

We are pleased to announce that, as a special service for visitors and for local residents kosher meals can now be ordered for consumption at the synagogue or for "take away"

Orders should be placed one day before they are required.

The following menu is currently available

MEAT

Whole Chicken Roasted/baked (Price per Kilo)	480.00
Chicken (breast) Schnitzel (good for two people)	370.00
Baked Chicken Leg (good for two people)	350.00
(All meat dishes are served with a choice of potatoes or rice)	

PARVE (per person)

Fried Asuhos with Rice or Potato	280.00
Tuna Salad	95.00
Falafel	170.00

DAIRY

Medium Size Pizza with Shredded Mozzarella Cheese & Tomato Sauce	225.00
Large Pizza with Black Olives, Sliced Onions, Sliced Tomato, Tomato Sauce & Mozzarella Cheese	370.00

VEGETABLES (per person)

	25.00
Carrots	40.00
Zuchini	70.00
Bunch of Asparagus	210.00
Humus	225.00
Mixed Roast Vegetable	

SALADS (per person)

Israeli Salad	100.00
Tabouli	165.00

SANDWICHES

Pita Sandwiches (with Sliced Cheese, Tomato Cucumber & Pickles)	80.00
with egg	90.00
Lachmaniot (with Cream Cheese, Tomato, Cucumber & Pickles)	100.00
Lachmaniot Meatburger (with Mustard, Mayonnaise, Sliced Tomato & Pickles)	100.00
Pita Meatburger (with Sliced Onions, Pickles, Tomato, Mustard & Mayonnaise)	110.00
Tuna Sandwich	110.00